

REGION	DIAPER DISTRIBUTION SITE	PROCESS AND QUALIFICATIONS	PHONE NUMBER
Q	<i>Give San Diego</i> 7710 Balboa Avenue, Suite 208 C, San Diego, CA 92111	For latest information on diaper distributions please follow our Facebook & Instagram page: @givesandiego	858-247-3033
	<i>Project Access Inc.</i> 690 Beardsley St., Suite #100, San Diego, CA 92113	Available for residents for Project Access Sites. Call to start the assessment process by phone. Sizes and quantities are limited to availability.	858-381-0042
	<i>38th Street Church of Christ</i> Church Annex 3805 Hemlock St., San Diego, CA 92113	Diapers available by appointment only. Please wear a mask or face covering when picking up for safety reasons.	619-347-1495
DIEG	Step Forward 2772 Fourth Ave., 2nd floor, San Diego, CA 92103	MUST be a CalWORKs recipient and part of the Step Forward program to access diaper services. Call to confirm size and quantity availability.	619-295-6067
SAN	<i>St. Vincent De Paul at St. Gabriel's Church</i> 13734 Twin Peaks Rd., Poway, CA 92064	**Temporarily on hold due to COVID-19** Second Sunday of every month from 3pm-4pm, except the months of Easter, Thanksgiving, and Christmas.	858-748-5348
CENTRAL SAN DIEGO	Armed Services YMCA San Diego 3293 Santo Rd., San Diego, CA 92124	Twice monthly on Mondays, please call 858-751-5755 for details.	858-751-5755
CENT	<i>Birthline Clairemont</i> 3660 Clairemont Dr., Suite 4, San Diego, CA 92117	Monday and Wednesday, 10 a.m. -2 p.m. (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info.	858-270-2491
	<i>San Diego Food Bank</i> 9850 Distribution Ave., San Diego, CA 92121	Call to schedule an appointment for diapers and food. This is a one-time only food/diaper assistance site.	858-527-1419
	Salvation Army KROC Center 6845 University Ave., San Diego, CA 92115	Open to residents within service area (La Mesa, Lemon Grove, College Area, Del Cerro, City Heights). Please visit <u>www.sd.kroccenter.org</u> for forms and requirements, and bring them to the dropbox for contactless screening and approval.	619-269-1430
	<i>Sharia's Closet</i> 6244 El Cajon Blvd., #5, San Diego, CA 92115	Please fill out the online request form here: https://docs.google.com/forms/d/e/1FAIpQLSdFaa1WZkEpX2Fuki2VBbP2Er1PALIM- 84pI0UbJ13IX4D_ww/viewform	619-808-4979
	<i>Jewish Family Service of San Diego</i> 8804 Balboa Ave., San Diego, CA 92123	Please call 858-637-3027 to schedule a no touch diaper appointment.	858-637-3210
	<i>Miracle Babies</i> 8745 Aero Dr., Ste. 308, San Diego, CA 92123	Monday – Friday 10am-2pm, please call ahead to schedule a pick up.	858-633-8540



	<i>Union of Pan Asian Communities</i> 5296 University Ave. Ste. A, San Diego, CA 92105	Wednesday 12pm-3pm, no appointment required, limited to one visit per month.	(619)232-6454
	Partnership for a Better San Diego (Labor Council) 4265 Fairmount Ave., San Diego, CA 92105	Tue-Fri, 10am-4pm by appointment only, no ID required. Call 619-321-6851 and leave a message to schedule.	619-321-6851
	Good Shepherd Ministry Center/Little Lambs Diaper Program 772 S. Johnson Ave., El Cajon, CA 92020	Monday 3 p.m. – 5 p.m. and Saturday 9 a.m. – 11 a.m. Call for diaper size availability. No appointment required.	619-442-9491
	San Diego Military Outreach Ministries 4426 Harbinson Ave., La Mesa CA 91942	Email at Office@SanDiegoMom.org to start the assessment process. Sizes and quantities are limited to availability.	619-461-4164
	Journey Community Church 8363 Center Dr., La Mesa, CA 91942	Third Saturday of the month from 8:00 a.m. to 10:00 a.m. No Appointment required.	619-464-4544
EAST COUNTY	Heaven's Windows 2820Via Orange Way, Ste. W, Spring Valley, CA 91978	Distribution by appointment only, call for appointment.	619-303-7806
	Julian Pathway's, Inc. 1704 Cape Horn, Julian, CA 92036	Monday through Friday from 9 a.m. – 3 p.m., call ahead to check availability.	760-765-0661 x6
	Ministerio Tiempo Nuevo 8179 Broadway, Lemon Grove, CA 91945	Monday through Friday, by appointment only. Please call for appointment.	619-765-9454
	<i>Stepping Higher Inc.</i> 9923 Campo Rd., Suite A. Spring Valley, CA 91945	Thursday, from 9:00 a.m. to 2 p.m. No appointment necessary, but call for size and quantity availability. No more than 1 package per child, or 3 packages per household per month. Parent signature required. Children's birth record or other birth documentation required. Please call for more information regarding evening pickups.	619-825-3930
	Salvation Army East County Red Shield Community Center (formerly Salvation Army El Cajon) 1011 E. Main St., El Cajon, CA 92021	Monday and Wednesday 1pm-4pm, Friday 1pm-6pm. Must show I.D. for all family members, children under 4 only, limited to once per month per child.	619-440-4683
	<i>Hearts and Hands Working Together</i> 2020 Alaquinas Dr., San Ysidro, CA 92173	**Temporarily on hold due to COVID-19** Second Tuesday of the month from 8:00 a.m. to 12:00 p.m. In the Our Lady of Mount Carmel parking lot. Sizes and quantities are limited to availability.	619-662-7592
ЗАҮ	USO San Diego 2790 Truxtun Rd., Suite 110, San Diego, CA 92106	Must have valid active duty or dependent military I.D. Diapers are distributed the 1 st and 3rd Friday of the month from 12pm-2pm. For more details, please follow us on social media: @usosandiego or call: (619)235- 6503	619-235-6503



<i>Latter Rain Mission & Training Center</i> 750 13th St., Suite A-1, Imperial Beach, CA 91932	Call to start the assessment process and for appointments. Sizes and quantities are limited.	619-575-8010
<i>Birthline of San Diego, Chula Vista</i> 1220 3rd Ave., Suite 1, Chula Vista, CA 91911	Monday and Wednesday, 10 a.m. – 12 p.m. (subject to change). Please check online at www.birthlineofsd.org for the most up-to-date info.	619-425-5012
<i>Operation Promise</i> 630 Corte Maria Ave., Chula Vista, CA 91910	Mondays from 1:00 p.m. to 5:00 p.m. Call for diaper size and availability.	619-381-6717
Food Pantry at Chollas View Church	Every 1 st Saturday from 10am-12pm and every 3 rd Friday from 11am-2pm.	
904 47th St., San Diego, CA 92102		858-663-0471
Logan Temple AME Zion Church	Every Saturday from 10 a.m. – 12 p.m. for food and diapers.	619-233-8780
302 S 32nd St., San Diego, CA 92113		757-802-0925
Urban Refuge	Second Sunday of the month (first Sunday in April & May) from 4 p.m. to 6 p.m.	619-721-3790
4070 Bonita Rd., Bonita, CA 91902		
Islamic Foundation of San Diego	Temporarily closed due to statewide stay-at-home order.	619-571-2988
3872 50th St., San Diego, CA 92105		
St. Paul United Methodist Church	Thursdays from 12 p.m. to 1:30 p.m. **MASKS/FACIAL COVERING REQUIRED**	619-232-5683
3094 L St., San Diego, CA 92102		
St. Paul's PACE	Beginning Fri, June 5 th , diaper distributions will be every Friday from 4:30pm-6:30pm	619-271-7100 Ext.1036
630 L St., Chula Vista, CA 91911	at 1139 3 rd Ave, Chula Vista, CA 91911 at the VM Mechanic Shop.	
Project 1:1	3rd Thursday of the month, call for more information	619-777-6723
560 Palomar St., Chula Vista, CA 91911		
San Ysidro Health Centers	Call to make an appointment for San Ysidro Health WIC services and to pick up	888-942-7942
WIC Offices	diapers.	
Father Joe's Village	Monday, Thursday, and Friday, 12pm-2pm	619-233-9500
3350 E Street, San Diego, CA 92102		
South Bay Food Pantry	Saturday 11 - 12:30 PM. Call (619) 271-5017 for diaper size availability. No	(619)271-5017
970 Broadway St., Chula Vista, CA 91911	appointment, identification, or proof of income are required.	



Breath of Life Ministries, Grace	Wednesdays from 6 p.m. – 8 p.m., by appointment only. Please call for more	760-847-8666
Vineyard Church 102 N. Freeman St.,	information.	
Oceanside, CA 92054		
Fallbrook Spanish 7 th Day Adventist	First Wednesday of every month from 6 p.m. – 7 p.m.	760-468-4783
439 Iowa St., Fallbrook, CA 92028		
MAAC Project Vista	First Wednesday from 9 a.m. – 12 p.m.	760-471-4210
956 Vale Terrace Dr., Vista, CA 92084	Third Wednesday from 3 p.m. – 6 p.m.	
North County Lifeline	Open to current clients only. Call to inquire about program eligibility.	760-726-4900
200 Michigan Ave., Vista, CA 92084		
Vista Community Clinic	Call 760-631-5000 x7014 and leave a message. Your call will be returned in the	760-631-5000 x7014
1000 Vale Terrace Drive, Vista, CA 92084	order it was received.	
Vista Community Clinic - Durian	VCC Pediatric Patients only. Diapers distributed during scheduled appointments.	760-631-5000
105 Durian St., Suite A, Vista, CA 92083	Supplies limited.	
VCC Dad's Club	Diapers distributed to enrolled Parent & Child Health Department program	760-631-5000 x7181
465 La Tortuga Drive, Vista CA 92081	participants only.	
San Marcos 7 th Day Adventist Church	First and third Tuesday from 4 p.m. – 6 p.m.	760-690-7780
363 Woodland Pkwy., San Marcos, CA		
92069		
Summit Church	Tuesdays, Wednesdays, & Thursdays from 11 a.m. – 1 p.m.	760-471-6267
292 East Barham Dr., #202,		
San Marcos, CA 92078		
Anita & Stan Maag Food & Nutrition	Temporarily closed due to statewide stay-at-home order.	760-744-1150 x7540
Center		
1140 W Mission Rd, San Marcos, CA		
92069		
Mission San Luis Rey Parish, Loretto	Tuesdays through Saturdays from 8 a.m. – 4 p.m. Call 760-547-0708 or email	760-547-0708
House Food Pantry 4070 Mission Ave.,	angel@sanluisreyparish.org for diaper size and availability.	
Oceanside, CA 92057		
Ramona Food & Clothes Closet	Monday to Friday 9:30 a.m. to 12:30 p.m. and 2:30 p.m. to 4:00 p.m. No appointment	760-789-4458
773 Main St., Ramona, CA 92065	required.	
Rock Church San Marcos	First Thursday of every month from 12 p.m. – 2 p.m. No appointment required	619-226-7625
1370 W. San Marcos Blvd.,		
San Marcos, CA 92078		



The San Diego Food Bank and our North County Food Bank chapter partners with dozens of nonprofit organizations to distribute diapers to families in need throughout San Diego County. Each location has different operating hours, and may have different eligibility criteria to receive diapers.

	<i>North County Food Bank</i> 1445 Engineer Street, Suite 110, Vista, CA 92081	Monday through Friday, 9 a.m. – 6 p.m., drive-thru distribution until further notice, must request diapers, must provide proof of multiple addresses if carpooling, otherwise, one household per car.	858-863-5177
	<i>St. Andrew's Episcopal Church</i> 890 Balour Dr., Encinitas, CA 92024	Thursday, 2pm-4pm, drive-thru distribution, one household per car, diapers upon request.	760-214-7550
NORTH COUNTY INLAND	<i>Escondido Community Child</i> <i>Development Center</i> 819 W. 9th Ave., Escondido, CA 92025	Temporarily closed due to statewide stay-at-home order.	760-839-9361
	<i>Foundation Matthew 633, Inc.</i> 1800 N. Broadway, Escondido, CA 92026	Mondays and Fridays from 10 a.m. – 11:30 a.m.	619-253-9951
	<i>Interfaith Community Services</i> 550 W Washington Avenue, Escondido, CA 92025	Visit our Food Distribution Monday through Friday from 8:00 a.m. to 11:00 a.m. and 1:00 p.m. to 3:00 p.m. to check for diaper availability. Note: closed for services the first Friday of each month, closed at 2:30 every other Friday, call for dates.	760-489-6380
	<i>Project Manna</i> 2280 E. Valley Pkwy. Ste. 32, Escondido, CA 92027	Call to start the assessment process, sizes and quantity limited by availability.	760-765-2228
	R.A.W. Ministries 777 W. Felicita Rd., Escondido, CA 92025	Wednesdays from 10 a.m 12:30 p.m. at 256 Smilax Rd., San Marcos. Sizes and quantities are limited to availability.	760-580-0835
	The Center (San Diego Christian Center) 1305 Deodar Rd., Escondido, CA 92026	Drive-thru distribution (diapers and food) on Sundays from 11:30 a.m 12:30 p.m.	760-707-6681

This list was last updated on July 07, 2020.